out think the box

REST* in Urban Agriculture – Humanure

* REST - Renewable Energy Systems Technology

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out think the box

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anatomy of disgust

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Compost toilet adoption problems:

- Mass and energy balance of compost toilet load stream not available
- Lack of standards
- Lack of established design guidelines
- Disposal and maintenance challenges
- Monitoring process factors (see slide 5)



(re)branding humanure

Instead of being disgusting, humanure is:

- Resource opportunity (instead of a threat)
- Excreta-To-Energy (E2E) opportunity
- Opportunity to reduce stress on water infrastructure
- A way to transform filth into food
- NOT a 'waste'



why do this?

Reduce water consumption due to increased unavailability of this precious resource

- Stop defecating in water and compost instead
- Retrain thinking—a drain is not a waste disposal site
- Recover household ('new water' supply) greywater:
 - 42% 79% shower and bathtub
 - 5% 23% laundry facilities
 - 10% 17% kitchen sink/dishwasher
 - 5% 6% bathroom sink
 - 38% 45% flushing of blackwater from toilets

Citation: Karpiscak, Martin M. et al. Residential Water Conservation: Casa del Agua. Water Resources Bulletin. Dec. 1990, p. 945-946. American Water Resources Association. (1990)

process factors

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Composting process factors:

- Aeration
- Temperature 40°C 65°C (104°F 149°F)
- Bulking agents (Carbon, C : Nitrogen, N ratio)
- pH (5.5 8.0)
- Porosity/Particle size
- Moisture content (50%-60%)

Citation: Chirjiv K. Anand, Defne S. Apul, Composting toilets as a sustainable alternative to urban sanitation – A review, Waste Management, Vol 34 (2014)

process factors (cont'd) 7

Complete pathogen destruction via well-managed thermophilic composting:

- 62°C (143.6°F) for one hour
- 50°C (122°F) for one day
- 46°C (114.8°F) for one week
- 43°C (109.4°F) for one month

baseline production

Baseline produced per person per year

- •~500L (~132 gal) urine
- •~50L (13.2 gal) faeces

Human urine releases

- 7-10 times more Nitrogen (N)
- 2-3 times more Potassium (K)
- 2-3 times more Phosphorus (P)

than faeces.

Citation: Drangert, J.O., 1998. Fighting the urine blindness to provide more sanitation options. Water SA 24, 157–164

benefits

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Urine-separating vermicomposting toilets w/ combined collection composting toilets :

- Mass reduction
- Pathogen destruction
- Compost quality
- Operational cost



Citations: Hill, G.B., Baldwin, S.A., 2012. Vermicomposting toilets, an alternative to latrine style microbial composting toilets, prove far superior in mass reduction, pathogen destruction, compost quality, and operational cost. Waste Manage. (Oxford) 32 (10), 1811–1820.

Huasi is vermi-composting faeces with subsequent solar drying in the same compartment in El Alto, Bolivia (photo: H. Hoffmann, 2012).

plant application

Compost can:

- Close the nutrient cycle loop
- Replace chemical fertilizers
- Act as a soil amendment

USEPA Windrow Compost of Class A Biosolids*:

- 55°F (minimum) for 15 days or longer
- 5 turns of compost pile (minimum)
- If Rule 503 is met, qualifies as Exceptional Quality (EQ) biosolids

Citation: *USEPA,Water Efficiency Technology Fact Sheet: Composting Toilets. http://water.epa.gov/aboutow/owm/upload/2005_07_14_comp.pdf (accessed January 2016).

stability & maturity tests

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A combination of tests can be used:

- Physical (change in physical properties) e.g.
 - pile temperature
 - color
 - odor
- Biological (living organisms distribution) e.g.
 - respiratory
 - phytotoxicity
 - enzyme activity
- Chemical (composition, matter changes) e.g.
 - C:N ratio
 - pH
 - organic matter, etc.

design criteria

Design criteria should include:

- Safety
- Functionality
- Economy
- Aesthetics
- Social and environmental affordability

(Some) Design considerations:

- Compost chamber size
- Ventilation
- Carbon supply
- Access

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guidelines & regulations 13

National Sanitation Foundation recommends:

- Toilet seat & riser
- (In some cases) Removal when tank ~75% full
- Continuous ventilation
- Health endangerment avoidance
- Biosolids 503 Rule (extended to composting)



design criteria (more)

EEAST Model developed for comparing water and sanitation systems e.g. composting toilets.

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<complex-block>

Economic and Environmental Analysis of Sanitation Technologies (EEAST)

Citation: http://defneapul.wikispaces.com/Water+Sustainability

design criteria (more)

Method 1 - Volume of composting chamber

- $V = N * P * R (m^3)$
 - N emptying interval (years)
 - P average number of users
 - R sludge produced/person (annual), ~0.05 m³/year/person

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Cistation: Pickford, J., Reed, R., 1992. A Guide to the Development of On-site Sanitation. (accessed January 2016).

Method 2 - Organic loading

- 'H₂0' loading urine + faeces 60% content moisture
- Drawn every 6 months
- Drying surface 643 cm²/capita (0.692 ft²/capita)
- Compost height 36 cm (14.1") & 63 cm (24.8")

Citation: Zavala, M.A.L., et al 2006. Design and operation of the bio-toilet system. Water Sci. Technol. 53, 55–61.

urine management

On-site Urine Treatment

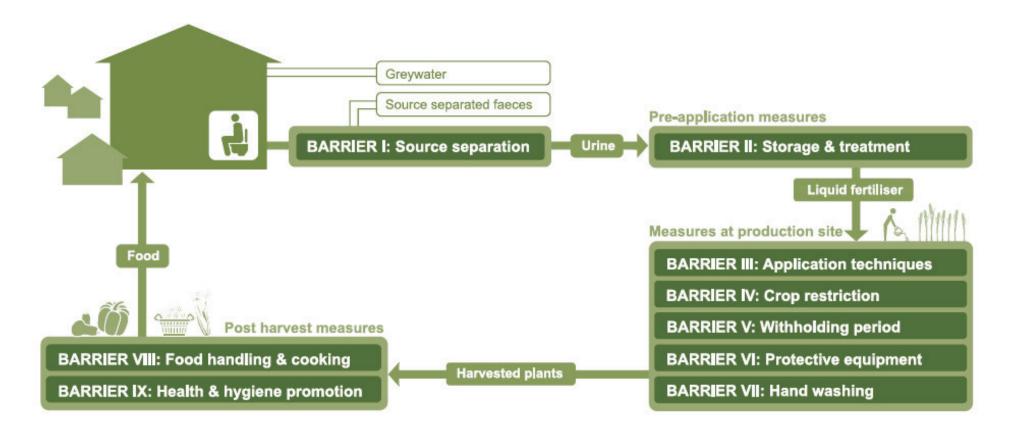
- Soak Leach/Pit
- Anaerobic Storage conditions decreasing pathogens
 - 1-2 week storage time
 - Temperature > $68^{\circ}F$ ($20^{\circ}C$)
 - pH 9+
 - High NH_3 concentration (also kills pathogens)

Reuse of Urine

- Stimulate plant growth w/ P, N, K, S, micronutrients
- Safest when applied to fruit trees
- Most effective:
 - Immediately before sowing
 - During the plants' vegetative growth period

(more) urine management 17

Multi-barrier Concept for Urine



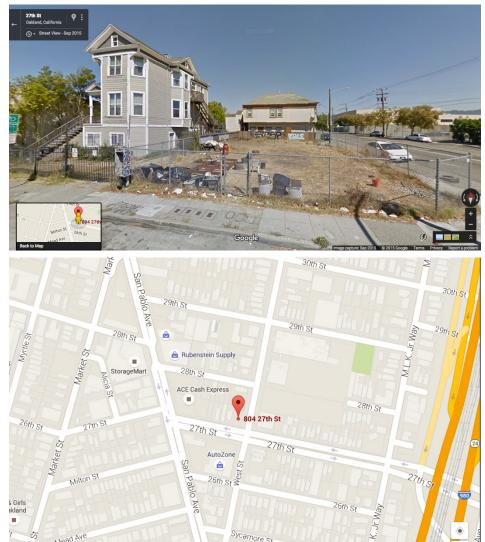
Citation: Richert et al., Multi-barrier concept for safe use of urine as a fertiliser (2010)

the proposition

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Pilot project 804 27th St

- Tiny S.E.E.C. Houses
- On-site Compost (Humanure & Urine)
- Greywater Treatment
- Solar PV & Thermal
- AD for CH₄ production
- AWG for drip irrigation
- Produce Garden
- Fruit Tree Orchard
- Chickens & Bee Hive



the proposition



Pilot Project REST & Community Offerings:

- Produce compost human excreta & food waste
- Biofuel/gas generation from waste stream using AD
- PV and solar thermal for electricity and hot water
- Condense H_2O vapor in the air -> H_2O mgt (IP)
 - No ground water drilling
 - No surface water pumping
- Community engagement/education/services
 - Composting 101
 - Build raised beds from re-purposed shipping palates
 - Leafy greens seed give-away
 - Produce market sales



benefits

- Economic viability
 empowerment
 Job opportunities
 Healthy
 communities
 Healthy, fresh,
- nutritious food access
- 1 Resilience
- **Food security**

Homelessnesses • Dependency on social services agencies Stress on municipal H₂O infrastructure **GHG** emissions e.g. locally grown produce

parting thoughts

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Out think the box. Prepare. Respond. Adapt.

People who compost humanure are recycling—there is no waste in nature.

We need to S.E.E.C. out everyday brilliance for disaster resilience.

